



## Who's Following You?

### **AUTHENTIC LEADERSHIP WITH EQUINE GUIDANCE**

Your ability to lead others with authenticity is key to your professional development. Whether you've actively developed your skills or are an "accidental leader" as an entrepreneur, you may wonder:

- How effective is my style of leadership?
- Are others inspired to follow me in a way that allows each of us to embrace our deepest values and greatest successes?
- Or, do people merely follow me because they "should" or "must," and how does that impact my effectiveness as a leader?

### **Who Will Give You Honest Feedback?**

What a person might not tell you a horse conveys by instinct and with their behavior. So, here's a challenge: Walk into an arena. Ask a horse to follow you. Keep in mind he won't be impressed by your title or salary, your accomplishments or possessions. How that horse responds to you speaks volumes about the style, quality and integrity of your leadership.

### **What Horses Teach You About Leadership**

Whether your skills are fledging or fairly developed, this equine-guided workshop is a unique opportunity to explore and deepen your leadership abilities. In four amazing hours, you'll:

- Explore key traits of Emergent Leadership, which focuses on power *with* rather than power *over*
- Discover and practice new skills while getting instant feedback in a supportive environment
- Take what you learn about leadership with horses and instantly apply it to your business life

### **Details**

July 9, 1:00 – 5:00

September 25, 10:00 – 2:00

Tuition: \$125

Includes: Materials, facilitation, and horse experiences

### **About Rachel Dexheimer**

Rachel Dexheimer is the president and founder of EquiSpire™ Coaching, dedicated to helping individuals, corporate teams and entrepreneurs gain profound awareness and actionable results by collaborating with one of earth's most inspiring creatures – horses. She is also co-author of *Horses as Teacher: The Path to Relationship*.

### **To Register**

Visit our website at <http://equispire.com/corpworkshops.html>

*No horse experience necessary and there is no riding involved.*



**Rachel Dexheimer**

*Certified Professional Coach  
Certified Equine Guided Educator*

**EQUISPIRE**  
FORGING DEEPER CONNECTIONS™